

2009-2010 Summer Timetable

9-Feb-10

Monday			Tuesday			Wednesday			Thursday			Friday		
J Ent 3.30 - 4.15 pm other end	NZ Jun1 3.30 - 4.45 pm	NZ Jun 2 3.30 - 4.30 pm	J Gold 3.30 - 4.15 pm other end	NZ Jun 1 3.30 - 4.45 pm	NZ Jun 2 3.30 - 4.30pm	J Ent 3.30 - 4.15 pm other end	J Silver 3.30 - 4.15pm	Jun Adv 3.30 - 4.30 pm	J Bronze 3.30 - 4.15 pm other end	NZ Jun 1 3.30 - 4.45 pm	NZ Jun 2 3.30 - 4.30pm	J Silver 3.30 - 4.15 pm other end	J Bronze 3.30 - 4.15pm	Jun Ent 3.30 - 4.15pm
J Bronze 4.15 - 5.00 pm other end	Senior 2 4.45 - 6.15 pm	Senior 1 4.30 - 6.15pm	J Silver 4.15 - 5.00 pm other end	Senior 2 4.45 - 6.15 pm	Seniors 1 4.30pm 6.15pm	J Gold 4.15 - 5.00 pm other end	NZ Jun 1 4.15 - 5.45 pm	Senior 2 4.30 - 5.45PM	Jun Adv 4.15 - 5.00 pm	Senior 2 4.45 - 6.00pm	Senior 1 4.30pm 6.00pm	J Gold 4.15 - 5.00 pm other end	NZ Jun 1 Senior 2 4.15 - 5.30pm	Senior 1 3.45 - 5.45pm
Jun Adv 5.00 - 6.00pm other end			Intermed 5.00 - 6.15 pm			Intermed 5.00 - 6.15pm			Intermed 5.00 - 6.15pm				NZ Jun 2 5.15 - 6.15pm other end	
No Training When Clubnight scheduled														

PLEASE NOTE SOME CHANGES TO SQUAD TIMES

Senior 1	Senior 2	Intermediate	NZ Junior 1	Junior Advanced	Junior Silver	Saturday NZ Junior 1, NZ Junior 2, Junior Advanced Intermediate: 8 - 9.15am Seniors will be announced on a week by week basis
Mon:5.45 - 7.15am	Mon: 4.45 - 6.15pm	Tue: 5.45 - 7.15am	Mon:3.30 - 4.45pm	Mon: 5.00 - 6.00pm	Tue: 4.15 - 5.00pm	
Mon:4.30 - 6.15pm	Tue: 5.45 - 7.30am	Tue: 5.00 - 6.15pm	Tue: 3.30 - 4.45pm	Wed: 3.30 - 4.30pm	Wed: 3.30 - 4.15pm	
Tue: 5.45 - 7.15am	Tue: 4.45- 6.15pm	Wed 5.00 - 6.15pm	Wed: 4.15 - 5.45pm	Thurs 4.15 - 5.00pm	Fri: 3.30 - 4.15pm	
Tue: 4.30 - 6.15pm	Wed: 4.30 - 5.45pm	Thur: 5.00 - 6.15pm	Thur: 3.30 - 4.45pm	Sat: 8.00 - 9.15am		
Wed 5.45 - 7.15am	Thur: 4.45 - 6.00pm	Fri: 5.45 - 7.15am	Fri: 4.15 - 5.30pm	Junior Gold	Junior Bronze	
Thur 5.45 - 7.15am	Fri: 4.15 - 5.30pm	Sat: 8.00 - 9.15am	Sat: 8.00 - 9.15am	Tues: 3.30 - 4.15pm	Mon: 4.15 - 5.00pm	
Thur 4.30 -6.00pm			NZ Junior 2	Wed: 4.15 - 5.00pm	Thurs: 3.30 - 4.15pm	
Fri: 5.45 - 7.15am	Senior 2 can do any AM that Senior 1 do		Mon: 3.30 - 4.30pm	Fri: 4.15 - 5.00pm	Fri: 3.30 - 4.15pm	
Fri: 3.45 - 5.45pm			Tue: 3.30 - 4.30pm			
			Thur: 3.30 - 4.30pm	Junior Entrance		
			Fri: 5.15 - 6.15pm	Mon: 3.30 - 4.15pm		
			Sat: 8.00 - 9.15am	Wed: 3.30 - 4.15pm		
				Fri: 3.30 - 4.15pm		

Notice Board: Sessions may be subject to change for meets and school holiday's
This Timetable available on www.cometswimming.co.nz